

Strengthening Employees' Career Resilience

Masterclass for HR and L&D professionals

ONLINE

28 NOV 2024

10-12PM
(GMT)

To thrive in this dynamic environment, employees need **career resilience** - the ability to **adapt**, **learn**, and **grow** no matter what comes their way.

This masterclass is designed to provide you with the tools and strategies to **help employees and teams develop their career resilience**, enabling them to be ready for the future and thrive in their career.



Speaker
James Brook

CEO of TalentPredix
Leadership Consultant
Executive Coach and
Business Psychologist

BOOK YOUR PLACE NOW



What You'll Learn

- ∞ How careers and career development are changing in times of uncertainty and rapid change.
- ∞ What career resilience is, why it is important and how it differs from adaptability.
- ∞ How you can help employees future proof their skills and develop career resilience using strengths-based approaches.
- ∞ Practical ways to help employees develop a growth mindset and self-mastery.
- ∞ Effective ways to handle stress, build resilience, and maintain a healthy work-life balance.

Who Should Attend

This masterclass is ideal for Learning and Development, Talent, HR professionals, people managers and career coaches looking to help people thrive in a fast-paced, volatile environment.

