

# TalentPredix™ Specialised Learning Streams

Bring Out the Best in People and Create Thriving Workplaces

Learning Streams are specialised, practitioner-level certifications designed to deepen your impact in strengths-based coaching, talent development and organizational change. Complete TalentPredix™ Practitioner Training and any three Learning Streams to earn the Strengths Master credential.

<b>Format</b>	Self-learning plus a live virtual workshop (4 hours)
<b>Pre-session learning</b>	Self-learning must be completed before attending the live session
<b>Fee</b>	£375 per Learning Stream
<b>Delivery times</b>	All live sessions run 9:00am–1:00pm (UK time)
<b>Certification</b>	You receive a certificate of completion after each Learning Stream (and it counts towards Strengths Master Certification*)

\*The TalentPredix™ Strengths Master Certification is our highest-level credential for coaches, HR, L&D, and OD professionals who want to lead transformative change in people and organizations.

Complete core Practitioner Training plus any three specialised learning streams to become a certified Strengths Master Practitioner.

**Learn more about Strengths Master Certification**



# Learning Streams - Choose the Best Fit

See this quick guide to decide which Learning Stream is most relevant for you right now.

Learning Stream	Ideal if you want to...	Outcome
Advanced Strengths Coaching	Run deeper coaching conversations and create sustainable change	Stronger coaching practice plus ready-to-use session frameworks
Strengths to Self-Mastery	Help clients build habits, energy and self-regulation	Practical self-leadership toolkit for real behaviour change
Leading Positive Change	Lead change with confidence and reduce resistance	Strengths-based change facilitation tools for teams and leaders
Thriving Careers	Support career clarity and better-fit decisions	A structured approach to direction, fit, values and motivators



# Calendar 2026

All live sessions: 9:00am–1:00pm (UK time)

Date	Learning Stream
Thursday 26 February	Strengths to Self-Mastery
Tuesday 17 March	Leading Positive Change
Thursday 9 April	Thriving Careers
Tuesday 5 May	Advanced Strengths Coaching
Tuesday 9 September	Advanced Strengths Coaching
Tuesday 6 October	Leading Positive Change
Wednesday 14 October	Thriving Careers
Wednesday 18 November	Strengths to Self-Mastery

Contact us to book your  
learning streams



# Advanced Strengths Coaching

Become a more confident, impactful strengths coach with advanced tools, techniques and practice.

## 2026 dates

Tuesday 5 May 2026

Tuesday 9 September 2026

### Who it is for

- Certified TalentPredix™ practitioners who coach leaders, teams or individuals
- Coaches and HR or L&D professionals who want a stronger strengths coaching methodology

### What you will learn

- Deepen your understanding of the TalentPredix™ strengths and 360 model in coaching practice
- Use advanced strengths coaching tools to accelerate insight, action and sustainable change
- Help clients turn strengths, motivators and values into practical development plans
- Spot overuse risks and coach clients to adapt strengths use to the situation
- Build your own strengths coaching model and refine how you position strengths coaching with clients

### Before the live session

- Short self-learning modules to refresh the strengths model and coaching foundations
- Preparation prompts and a short case reflection to bring to the live session

### Live session highlights

- Coaching with the strengths and 360 model: advanced applications
- Tools and templates for high-impact strengths conversations
- Live coaching demo and guided peer practice
- Integrating purpose, motivators and values into development planning

### What you receive

- Advanced Strengths Coaching certificate
- Strengths Coaching playbook, templates and worksheets
- Peer practice activities you can reuse with clients



# Strengths to Self-Mastery

Help clients build habits for consistent performance, resilient focus and sustainable impact.

## 2026 dates

Thursday 26 February 2026  
Wednesday 18 November 2026

### Who it is for

- Certified practitioners supporting clients with focus, consistency and wellbeing
- Coaches and people professionals working in high-pressure, fast-changing environments

### What you will learn

- Apply self-mastery and behavioural science principles to strengths-based coaching
- Use TalentPredix™ profiles to identify patterns that support or sabotage performance
- Guide clients through the STEP framework (See, Target, Experiment, Practice) to embed micro-habits
- Coach clients to manage energy, focus and mindset for sustainable results
- Use practical self-mastery exercises to drive measurable change

### Before the live session

- Short self-learning modules introducing the Self-Mastery Advantage and key frameworks
- Preparation activity: personal energy and focus audit

### Live session highlights

- Foundations of self-mastery: focus, emotion regulation and consistency
- Linking strengths, values and motivators to habits that sustain performance
- Designing micro-habits using the STEP framework
- Coaching practice: turning insights into an action plan clients will actually follow

### What you receive

- Self-Mastery Practitioner certificate
- Self-mastery coaching toolkit including habit design templates and coaching guides



# Leading Positive Change

Coach leaders to lead with purpose, positivity and impact, even in complex environments.

## 2026 dates

Tuesday 17 March 2026

Tuesday 6 October 2026

### Who it is for

- Certified practitioners coaching leaders and managers
- HR, L&D and OD professionals building leadership capability in organizations

### What you will learn

- Apply positive psychology principles to leadership coaching and development
- Use TalentPredix™ strengths and 360 leadership insights to strengthen self-awareness and impact
- Coach leaders to connect strengths, values and motivators with leadership goals
- Support leaders to build engagement, resilience and meaningful change in their teams
- Strengthen your ability to facilitate positive leadership conversations with confidence

### Before the live session

- Short self-learning modules on positive psychology and strengths-based leadership
- Preparation prompts to identify a leadership case to explore in the live session
- Live session highlights
- Positive leadership foundations and the shift from fixing to possibility-building
- Using strengths profiles to uncover leadership patterns, opportunities and risks
- Tools for coaching purpose, values and motivating goals
- Practice: coaching and facilitation techniques for leading positive change

### Live session highlights

- Positive leadership foundations and the shift from fixing to possibility-building
- Using strengths profiles to uncover leadership patterns, opportunities and risks
- Tools for coaching purpose, values and motivating goals
- Practice: coaching and facilitation techniques for leading positive change

### What you receive

- Positive Leadership Coaching certificate
- Positive leadership resources you can use in coaching and facilitation
- Optional supervision is available (additional fee applies)



# Thriving Careers

Empower clients to navigate career decisions with confidence, fit and values-aligned direction.

**2026 dates**

Thursday 9 April 2026  
Wednesday 14 October 2026

## Who it is for

- Certified practitioners supporting career development and internal mobility
- Career and leadership coaches who want a strengths-based career methodology

## What you will learn

- Apply strengths-based and positive psychology principles to career coaching and development
- Use TalentPredix™ profiles to clarify career fit, direction and growth opportunities
- Help clients define a personal brand that reflects strengths, values and aspirations
- Use practical exercises to design resilient, meaningful career pathways
- Build your confidence as a career coach and facilitator

## Before the live session

- Short self-learning modules on career fit, motivators and values
- Preparation activity: map your own career strengths story
- Live session highlights
- Career thriving foundations: purpose, fit and strengths-based career design
- Using profiles to surface strengths, drivers and career congruence
- Career tools and exercises you can run with clients
- Practice: strengths-based career exploration conversation and planning

## Live session highlights

- Career thriving foundations: purpose, fit and strengths-based career design
- Using profiles to surface strengths, drivers and career congruence
- Career tools and exercises you can run with clients
- Practice: strengths-based career exploration conversation and planning

## What you receive

- Thriving Careers Practitioner certificate
- Thriving Careers coaching toolkit including exercises, templates and session guides

